

SOCIAL DISTANCING

What is social distancing?

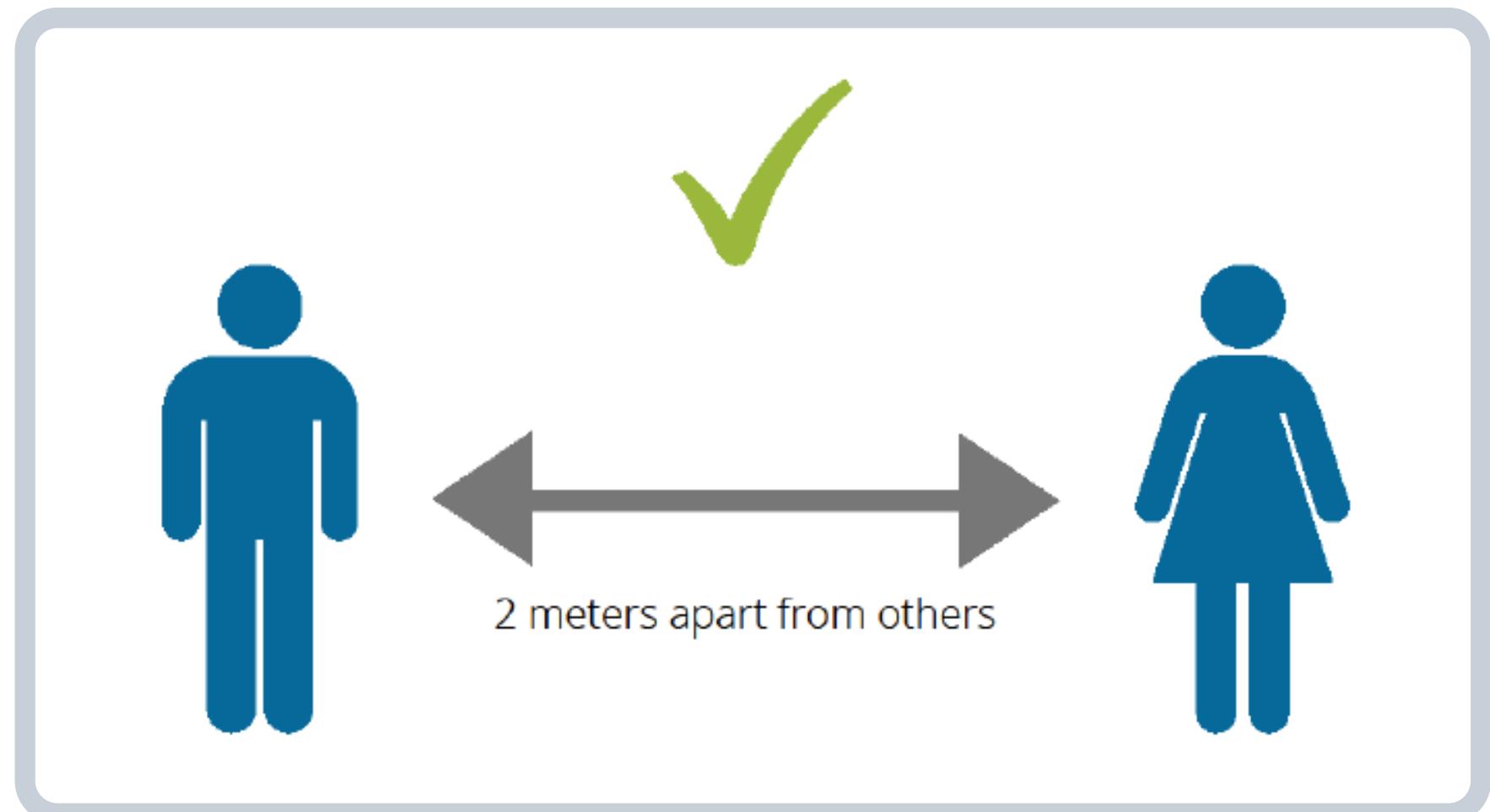
Social distancing is a strategy to limit the spread of COVID-19. This is a conscious effort to reduce physical contact between people to slow down the spread of the virus. Even if you are symptom free and not part of an at-risk group, you still need to change your lifestyle starting today,



AVOID

handshakes,
hugging and
kissing

DO
keep your social
distance and
remember to wash
your hands!



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