



Dear Cambridge Bay Residents,

The Municipal Council of the Municipality of Cambridge Bay have held meetings regarding the COVID-19 (Nova Coronavirus). We will establish consistent communication with you, our residents, to keep you up to date on this pandemic. We wish to maintain the health and safe keeping of our community, particularly the Elders and those with compromised immune systems, who are most at risk in the event of infection. We will posting updates on our Website, www.cambridgebay.ca and also posting on the Municipality of Cambridge Bay and the Cambridge Bay News Facebook pages.

A handwritten signature in black ink that reads 'Pam Gross'.

Mayor Pamela Gross

March 12, 2020

Dear Cambridge Bay Residents,

In this time of uncertainly, as we navigate ways to mitigate the risk of infection of the COVID-19 (Nova Coronavirus) through this new situation, we ask that you refrain from posting information that has not been verified by the appropriate health authorities. The circulation of false information increases the panic and uncertainty of our residents and hurts those that are targeted by the rumour. We need to act as a responsible, caring community and work to protect each other in this time of global concern. Thanks for your understanding, consideration and for being part of the solution. Together we are stronger.

A handwritten signature in black ink, appearing to read "Pam Gross".

Mayor Pamela Gross

March 12, 2020

Dear Cambridge Bay Residents,

In the best interest of the community at this time the Municipal Council has cancelled the Multi-Cultural Festival for this year. When we know that there is less concern of our residents coming into contact with the COVID-19 (Nova Coronavirus) we may be able to reschedule some of the performers and activities.

A handwritten signature in black ink, appearing to read "Pam Gross".

Mayor Pamela Gross

March 12, 2020

Dear Cambridge Bay Visitors,

We would like to share our Municipal Council's current response to the COVID-19 (Nova Coronavirus) pandemic.

Our organization has cancelled all staff travel from Cambridge Bay, and is reassessing program activities that involve significant gatherings of people on a case-by-case basis. This response is based on our concern for the health of the community and particularly the Elders and those with compromised immune systems, who are most at risk in the event of infection.

We ask those visiting our community (business or pleasure) to support the Municipality by reconsidering any travel arrangements you may currently have to visit Cambridge Bay. As an alternative, think about a Teleconference or Videoconference.



Mayor Pamela Gross

March 12, 2020

Dear Cambridge Bay Residents,

We have gathered the following information for you to help you minimize your risk of infection.

COVID-19 (Nova Coronavirus) is thought to spread mainly from person to person:

Between people who are in close contact with one another (within about 6 feet);

Through respiratory droplets produced when an infected person coughs or sneezes.

COVID-19 (Nova Coronavirus) is thought to have an incubation period of up to 14 days from exposure.

The following measures should be put into place immediately, prior to the potential spread of coronavirus to the community.

Take measures to protect others:

If you start having symptoms of COVID-19, isolate yourself from others as quickly as possible. Immediately call a health care professional or the public health authority (see below). Describe your symptoms and travel history. They will provide advice on what you should do.

Government of Canada novel coronavirus information line: 1-833-784-4397

canada.ca/coronavirus

<https://www.canada.ca/en/public-health.html>

www.gov.nu.ca



Mayor Pamela Gross

March 12, 2020

Dear Cambridge Bay Residents and Visitors

- Stay home if you're sick:
 - Stay home if you are sick or showing any signs of illness (even mild symptoms), except to get medical care.
- Consider postponing travel into or out of Cambridge Bay.
- Cover coughs and sneezes:
 - Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow;
 - Throw used tissues in the trash;
 - Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.
- Wear a facemask if you are sick:
 - If you are sick: You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then you should do your best to cover your coughs and sneezes, and people who are caring for you should wear a facemask if they enter your room. If you are NOT sick: You do not need to wear a facemask unless you are caring for someone who is sick (and they are not able to wear a facemask). Facemasks may be in short supply and they should be saved for caregivers.
- Clean and disinfect:
 - Clean AND disinfect frequently touched surfaces daily at the Centre and in your home. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks;
 - If surfaces are dirty, clean them: Use detergent or soap and water prior to disinfection.
- Re-consider multi-person gatherings on a case-by-case basis:
 - Consider whether a face-to-face meeting or event is needed. Could it be replaced by a teleconference or online event?
 - If a social gathering or meeting takes place, keep track of participants and their contact information for at least one month. If someone at the meeting or event was isolated as a suspected COVID-19 case, the organizer should let all participants know this.

Take measures to protect yourself:

- Clean your hands often:

- Wash your hands often with soap and water for at least 20 seconds especially after blowing your nose, coughing, or sneezing;
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry;
- Avoid touching your eyes, nose, and mouth with unwashed hands.

- Avoid close contact:
 - Avoid close contact with people who are sick;
 - Put distance between yourself and other people if COVID-19 (Nova Coronavirus) is spreading in the community.

The following websites are reliable sources of updated information:

[Public Health Agency of Canada](#)

[Government of Canada Travel Advice and Advisories](#)

[Coronavirus disease \(Covid-19\): Outbreak update](#)

[The World Health Organization](#)



Mayor Pamela Gross
March 12, 2020