

STAY HOME STAY SAFE



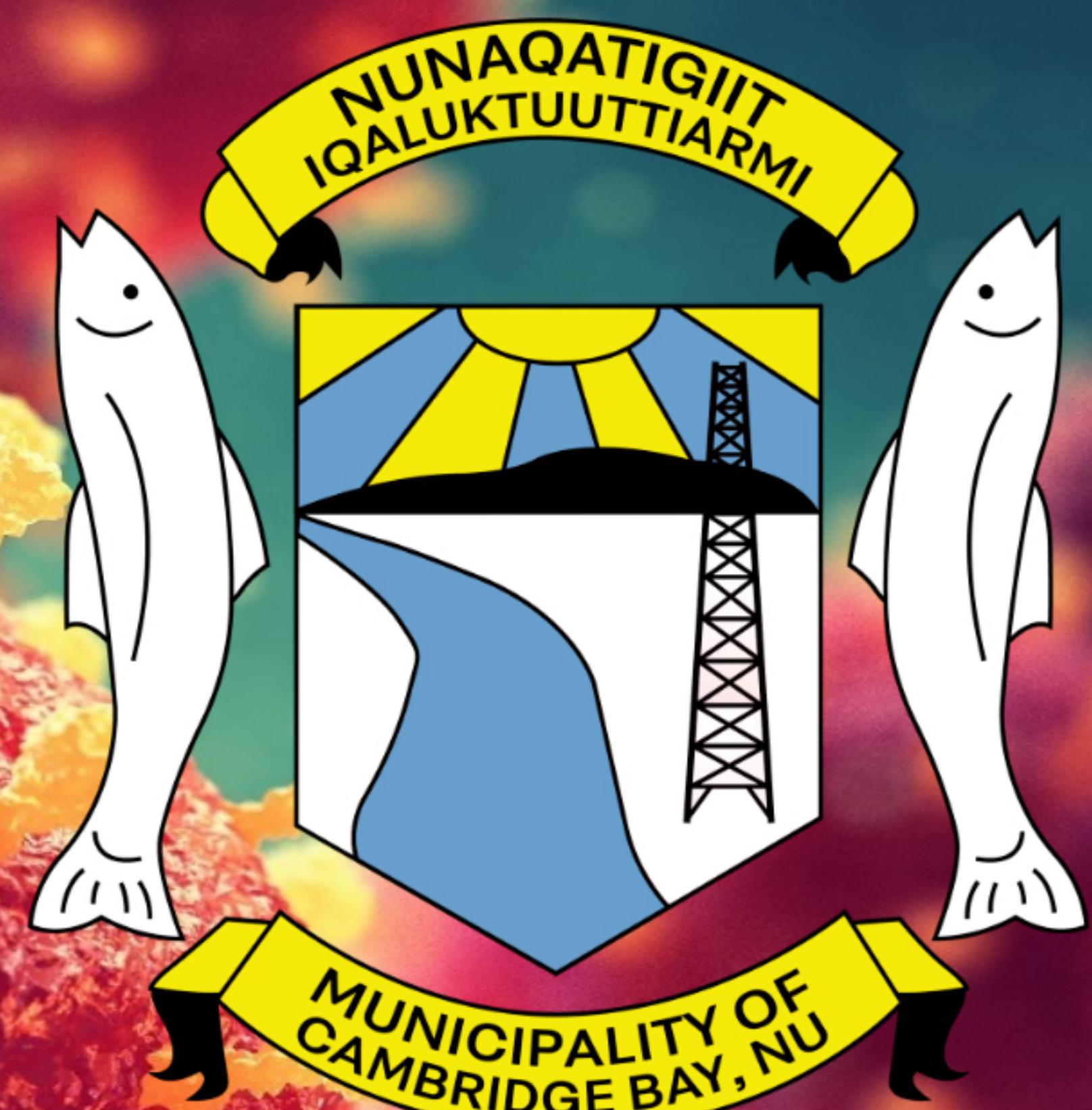
STAY HOME



WASH HANDS



WEAR MASK



IN THE LATEST

IN TODAYS PRESS CONFERENCE, DOCTOR PATTERSON ADVISED NUNAVUT THERE ARE 8 COMMUNITIES THAT HAVE ACTIVE CASES. HE ASKED FOR OUR HELP TO STOP THE SPREAD. THE HEALTH CARE SYSTEM ACROSS NUNAVUT IS STRETCHED THINNER THAN NORMAL. THERE ARE LIMITED HEALTH CARE WORKERS IN NUNAVUT AND IN THE SOUTH. WE WANT TO PROTECT OUR CAMBRIDGE BAY NURSES BY KEEPING THEM HEALTHY AND BY NOT BURNING THEM OUT.

SCHOOLS AND NON-ESSENTIAL SERVICES WILL REMAIN CLOSED AS THE STRICT PUBLIC HEALTH MEASURES REMAIN IN EFFECT UNTIL JANUARY 17th 2022.

THIS IS WHAT WE NEED TO DO AS A COMMUNITY TO KEEP EACH OTHER SAFE:

- STAY AT HOME!
- AVOID ANY CONTACT WITH PEOPLE OUTSIDE OF YOUR HOUSEHOLD
- IF YOU DO NOT HAVE ALL 3 COVID 19 VACCINATION SHOTS, YOU MUST SELF ISOLATE FOR 2 WEEKS UPON ENTERING CAMBRIDGE BAY.
- IF ANYONE ENTERING THE COMMUNITY IS UNDER ISOLATION MANDATE ANYONE LIVING IN THE SAME HOUSEHOLD MUST ALSO SELF ISOLATE AS WELL.
- WASH HANDS WITH SOAPY WATER FOR AT LEAST 20 SECONDS.
- AVOID TOUCHING EYES, NOSE & MOUTH WITH UNWASHED HANDS.
- MAINTAIN SOCIAL DISTANCING OF A MINIMUM 6 FOOT DISTANCE.

WHY IS THE VACCINE **IMPORTANT?**

- It could help save your life or others.
- Vaccine activates the body's immune system.
- Will help assist keeping clinic visits down.
- Allow us to achieve possible herd immunity.
- The vaccine protects against severe illness.
- Getting children ages 5 years and older vaccinated can help protect them from serious short- and long-term complications.
- The vaccine will help you reconnect with friends and family.

WE ARE IN THIS TOGETHER. LET'S KEEP CAMBRIDGE BAY COVID FREE

ANYONE WHO DEVELOPS COVID-19 SYMPTOMS SUCH AS RUNNY NOSE, COUGH, SORE THROAT, FEVER OR DIFFICULTY BREATHING SHOULD CALL THE COVID HOTLINE AT **(888) 975-8601** FROM 10AM TO 6PM EST OR NOTIFY YOUR COMMUNITY HEALTH CENTRE RIGHT AWAY.